

FREE family cycle training

This February Half Term your Council is pleased to offer free family cycle training in **Midsomer Norton** at **Free Rangers Forest School Nursery**.

This one to one course is designed to instruct the lead family member how to shepherd the group with road safety tactics. It also aims to improve children's cycle skills and road awareness while having fun with parents! The first hour will introduce basic cycle skills and will take place under a barn. Then, the group will have activities on a cycle lane and carefully selected local junctions under guidance of our instructor.

For all the
Family

Bonding



For all the
Family

Trust



There is no minimum age but to attend this course, all riders must be able to ride a bike (set off, pedal, slow down and stop). If required, we can offer **bike & helmet loans free of charge**.



To see available dates and book a space,
scan the QR code or email: bikeability@bathnes.gov.uk

Bath & North East
Somerset Council

Improving People's Lives