	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Backing British	THURSDAY Food Festival	
Option 1	BBQ Chicken Pizza Crudites	Beef Burger in a Bun Oven Baked Wedges Coleslaw	Roast Gammon Roasties and Fresh Vegetables Gravy	Chicken Tikka Biryani Wholegrain Rice Coconut Green Beans	
Option 2	Margherita Pizza Crudites	Super Veggie Burger in a Bun Oven Baked Wedges Coleslaw	Veggie Sausage & Summer Veg Traybake Roasties and Fresh Vegetables Gravy	Roasted Sweet Potato Dhal Wholegrain Rice Coconut Green Beans	
Potatoes & Pasta	Hot Tomato Pasta v	vith Cheese or C	rispy Skin Jacket Pote	ato with Tasty Top	
Packed Lunch	Pick and Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake and p				
The Finale	Warm Pineapple with Vanilla Ice Cream	Sticky Gingerbread Cake	Chocolate Brownie	Strawberry Mous with Peach	



FRIDAY Fun Day

Fish Fingers

Salmon or Pollock Chips and Baked Beans

Baked Beans & Vegetable Dippers Chips

V

V

pings available daily

iece of fruit

oat Cookie

very day

	FOOI				
5	ESTIV By Aspens	the second s	ing / Summer 2022 2, 14/3, 4/4, 25/4, 16		
	Option 1	MONDAY Authentic Italian Creamy Chicken Pasta Bake Whole Grain Penne Garlic Slice Green Salad	TUESDAY Family Faves BBQ Pulled Pork & Mash Carrots	WEDNESDAY Backing British Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy	Food Food FestivalBeef Lasagne Potato Wedges Rainbow Slaw
	Option 2	Veggie Bolognese Whole Grain Penne Garlic Slice Green Salad V	Baked Bean & Veggie Sausage Cowboy Pie Carrots	Cheese & Spring Onion Pastry Slice Roasties and Fresh Vegetables Gravy	Veggie Nachos & Cheese Potato Wedges Rainbow Slaw
	Potatoes & Pasta	Hot Tomato Pasta v	with Cheese or Crisp	oy Skin Jacket Pota	to with Tasty Toppin
	Packed Lunch	Freshly fil	_	and Mix Packed Lu I, healthy snack, ho	-
	The Finale	Peach Puff Pastry Slice & Custard	Rice Krispie Cakes	Chocolate & Marshmallow Cake	Apple Pie & Custard
		Homer	nade Bread, Fresh	Fruit, Yoghurt and So	alad available ever
			▲ Meat Veggie	Jacket Potato – Packe	ed Lunch



WEEK TWO

Baked Breaded Fish Chips and Mushy Peas

& Carrot & Potato Cakes Homemade Tomato sauce Chips and Mushy Peas

ings available daily

ce of fruit

Fruity Flapjack

ery day

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F	ESTI By Aspens	00.10	g / Summer 2022 21/3, 11/4, 2/5, 23			
	Option 1	MONDAY Authentic Italian Meatball, Pasta & Garlic Bread Traybake Sweetcorn	TUESDAY Family Faves Sticky Baked Bangers & Mash Green Beans Gravy	WEDNESDAY Backing British Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy	THURSDAY Food Food Festival Honey & Soy Chicken Stir Fry Wholegrain Rice Broccoli	
	Option 2	Tomato & Mozzarella Gnocchi Garlic Slice Sweetcorn	Sticky Veggie Bangers & Mash Green Beans Gravy	Quorn Roast Roasties and Fresh Vegetables Gravy	Crunchy Topped Macaroni Cheese Broccoli	
	Potatoes & Pasta	y Skin Jacket Potat	o with Tasty Topping			
	Packed Lunch	Pick and Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake and piece				
	The Finale	Chocolate Mousse with Mandarin	Sticky Toffee Pudding & Custard	Vanilla Sprinkle Sponge	Apple Crumble with Custard	
Homemade Bread, Fresh Fruit, Yoghurt and Salad avo Meat Veggie Sacket Potato Packed Lunch						

WEEK THREE



Fish Fingers

Salmon or Pollock Chips and Peas



ings available daily

ce of fruit

Ginger Cookie

ery day